



# NORC TRUMPS UNITED CALENDAR


Phone Number (718) 372-8815

458 Neptune Ave, Brooklyn, NY 11224

## FEBRUARY 2025 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b>  <u>10:00</u> - Zoom Stretching &amp; Toning  <u>11:00</u> - Health Lecture in English in <u>4A</u> “ Heart matters”  <u>12:00</u> – Pilates in <u>4A</u>  <u>1:00</u> – Zoom CIM Concert  <u>2:00</u> - Mental Health Presentation by Paulina Zalman in <u>4A</u>            Nurse Vera is in <u>4A</u></p>	<p><b>4</b>  <u>10:00</u> – Zoom Yoga  <u>11:00</u> – SAIL in <u>4A</u>  <u>1:00</u> – Zoom Klezmer Music Concert  <u>2:00</u> - Movie “You got Mail” in <u>4A</u></p>	<p><b>5</b>  <u>10:00</u> – Zoom People, Food &amp; Culture  <u>12:30</u> – Aerobics in <u>4A</u>  <u>11:00</u> –Brain Fitness &amp; Snack in <u>4A</u>            Nurse Vera is in <u>4A</u></p>	<p><b>6</b>  <u>10:00</u> – Zoom Sing Along  <u>11:00</u> – Art Class in <u>4A</u>  <u>1:00</u> – Chess in <u>4A</u>  <u>2:00</u> – Nutrition Presentation with Tamar Elkin in <u>4A</u> or <u>Zoom</u>            Nurse Vera is in <u>4A</u></p>	<p><b>7</b>  <u>10:15</u> – Zoom Aerobics  <u>1:00 - 2:00</u> – SOFA Games in <u>4A</u>  <u>2:00 - 4:00</u> – Game Time in <u>4A</u>  <u>2:00</u> – SAIL in <u>4A</u>  <u>2:00</u> –Telephone/Zoom Concert</p>
<p><b>10</b>  <u>10:00</u> - Zoom Stretching &amp; Toning  <u>1:00</u> – Zoom CIM Concert  <u>2:00</u> - Valentine Day Party in <u>4A</u>            Nurse Vera is in <u>4A</u></p>	<p><b>11</b>  <u>10:00</u> – Zoom Yoga  <u>11:00</u> – SAIL in <u>4A</u>  <u>1:00</u> – Zoom Klezmer Music  <u>1:00</u> - Russian Club in <u>4A</u>  <u>2:00</u> – Presentation about Hearing Lost in <u>4A</u></p>	<p><b>12</b>  <u>10:00</u> – Zoom People, Food &amp; Culture  <u>11:00</u> – Friendship Group in <u>4A</u>  <u>12:30</u> – Aerobics in <u>4A</u>  <u>2:00</u> – Warbasse Choir Performance in <u>4A</u>            Nurse Vera is in <u>4A</u></p>	<p><b>13</b>  <u>10:00</u> – Zoom Sing Along  <u>11:00</u> – Art Class in <u>4A</u>  <u>1:00</u> -Chess in <u>4A</u>            Trip to the Gateway Mall – <u>9:30am</u>            Nurse Vera is in <u>4A</u></p>	<p><b>14</b>  <u>10:15</u> – Zoom Aerobics  <u>1:00 - 2:00</u> – SOFA Games in <u>4A</u>  <u>2:00 - 4:00</u> – Game Time in <u>4A</u>  <u>2:00</u> – SAIL in <u>4A</u>  <u>2:00</u> –Telephone/Zoom Concert</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>17 JASA CLOSED</p>  <p><b>Presidents' Day</b></p>	<p>18</p> <p><u>10:00</u> – Zoom Yoga</p> <p><u>11:00</u> – SAIL in <u>4A</u></p> <p><u>1:00</u> – Zoom Klezmer Music Concert</p> <p><u>2:00</u> - Bingo in <u>4A</u></p>	<p>19</p> <p><u>12:00</u> – Health Lecture in Russian “Проблемы с сердцем: симптомы и лечение” in <u>4A</u></p> <p><u>12:30</u> – Aerobics in <u>4A</u></p> <p>Nurse Vera is in <u>4A</u></p>	<p>20</p> <p><u>10:00</u> - Virtual Tour of Norwich, England with ice –cream in <u>4A</u>.</p> <p><u>11:00</u> – Art Class in <u>4A</u></p> <p><u>1:00</u> - Chess in <u>4A</u></p> <p><u>2:00</u> –Birthdays Celebration Get Together in <u>4A</u></p> <p>Nurse Vera is in <u>4A</u></p>	<p>21</p> <p><u>10:15</u> – Zoom Aerobics</p> <p><u>1:00 - 2:00</u> – SOFA Games in <u>4A</u></p> <p><u>2:00 - 4:00</u> – Game Time in <u>4A</u></p> <p><u>2:00</u> – SAIL in <u>4A</u></p> <p><u>2:00</u> –Telephone/Zoom Concert</p>
<p>24</p> <p><u>10:00</u> - Zoom Stretching &amp; Toning</p> <p><u>11:00 - 3:00</u> - Department of Finance in <u>4A</u></p> <p>Nurse Vera is in <u>4A</u></p>	<p>25</p> <p><u>10:00</u> – Zoom Yoga</p> <p><u>11:00</u> – SAIL in <u>4A</u></p> <p><u>1:00</u> –Zoom Klezmer Music Concert</p> <p><u>2:00</u> – Bingo in <u>4A</u></p> <p><u>1:00</u> - Russian Club in <u>4A</u></p> <p><u>2:30</u> - Russian Language for Beginners in <u>4A</u></p>	<p>26</p> <p><u>10:00</u> – Zoom People, Food &amp; Culture</p> <p><u>11:00</u> – Friendship Group in <u>4A</u></p> <p><u>12:30</u> – Aerobics in <u>4A</u></p> <p><u>2:00</u> – Spiritual Workshop with Rabbi Marcelle in <u>4A</u></p> <p>Nurse Vera is in <u>4A</u></p>	<p>27</p> <p><u>11:00</u> – Zoom Sing Along</p> <p><u>11:00</u> – Art Class in <u>4A</u></p> <p><u>1:00</u> - Chess in <u>4A</u></p> <p><u>2:00</u> – Current Events with ice-cream in <u>4A</u></p> <p>Nurse Vera is in <u>4A</u></p>	<p>28</p> <p><u>10:15</u> – Zoom Aerobics</p> <p><u>1:00 - 2:00</u> – SOFA Games in <u>4A</u></p> <p><u>2:00 - 4:00</u> – Game Time in <u>4A</u></p> <p><u>2:00</u> – SAIL in <u>4A</u></p> <p><u>2:00</u> –Telephone/Zoom Concert</p>

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# **NORC TRUMPS UNITED CALENDAR**

**458 Neptune Ave, Brooklyn, NY 11224**

**(718) 372-8815 • Email**

**www.jasa.org**

## **Hours**

**Mondays - Fridays 9:00am - 5:00pm**

**\*Closed for Federal and Jewish Holidays\***

## **NORC Trumps United Staff**

**Evelyn Gottlieb, Program Director [egottlieb@jasa.org](mailto:egottlieb@jasa.org)**

## **FEBRUARY Activities/Programming**

**February 4 - Movie**

**February 13 - Trip to Gateway Mall**

**February 5 - Brain Fitness**

**February 11 and 25 - Russian Club**

**February 19 - Health Lecture Russian**

**February 12 and 26 - Friendship Group**

**February 20 - Virtual Tour of Norwich, England with ice cream**

**February 18 - Bingo**

**February 6, 13, 20 and 37 - Chess class**

**February 27 - Current Events and Ice Cream**

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**Telephone/Video Concerts in Motion Celebration Friday (Fridays) – 1 - 301 – 715 – 8592;**  
Zoom meeting: <https://zoom.us/j/426474125> Meeting ID: 426 474 125  
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**Zoom Aerobic Class -** <https://us06web.zoom.us/j/83690337299?pwd=SWJaREw2azdsSEt4d1UwOFFBWmduUT09>  
Meeting ID: 836 9033 7299 Passcode: 381896  
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**Zoom Stretching and Toning w/Sofia Ioffe –**  
<https://zoom.us/j/93570593451?pwd=ZHNMOwftiYUk3MWI4NihJUFIWbGZ5dz09>  
Meeting ID: 935 7059 3451 Passcode: 187559  
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**Telephone/Video Concerts in Motion Dedicated to Dementia (Mondays)**  
Zoom: <https://concertsinmotion-org.zoom.us/j/5270678391> Meeting ID: 527 067 8391  
Phone: 1- 646-558-8656 Meeting ID: 527 067 839  
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**Telephone/Video Concerts in Motion Klezmer Music (Tuesdays)**  
Zoom: <https://concertsinmotion-org.zoom.us/j/89147660204>  
Meeting ID: 891 4766 0204 Phone: 1 646- 558- 8656  
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**Zoom Yoga (Tuesdays)**  
Zoom:  
<https://us02web.zoom.us/j/86535975909?pwd=Ytc1Q1BuOTE4Y0ZadTY1Vkh3TzFYdz09>  
Meeting ID: 865 3597 5909 Passcode: JASATV  
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**Registered Dietitian Nutritionist Tamar Elkin, MS, RDN, CDN**  
Zoom: <https://us06web.zoom.us/j/83219399945?pwd=tKRnZR8WSBxufnJpYNfw7FAvr8wcab.1>  
Meeting ID: 832 1939 9945 Passcode: 946518

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