



Scheuer House of CI Older Adult Center

Phone Number (718) 373-3954

3601 Surf Ave, Brooklyn, NY 11224

February 2025 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 9:00am-11:00am Chinese Karaoke 11:00am-12:30pm Fine Art w/Roza 11:30am-1:00pm Congregate Lunch 3:15pm Advanced Movement w/Anatoly 4:00pm Technology in Class for Russian speaking</p>	<p>4 10:00am Blood Pressure Screening 10:00am Garden Club (indoor & outdoor) 10:00am Stretch & Strength Exercise 11:30am-1:00pm Congregate Lunch 1:00pm-5:00pm Neighborhood Tech Help 1:00pm Leisure Bingo 2:30pm Health & Wellness Discussion Group</p>	<p>5 10:00am Blood Pressure Screening 10:00am-11:30am Ceramic Art w/Jennifer 11:30am-1:00pm Congregate Lunch 12:30pm Crochet Class 2:00pm Group Workshop w/Beka, LMSW (for English speaking) 3:15pm Rising Stars Fitness 4:00pm Computer Class for beginners for Russian speaking</p>	<p>6 10:30am Aerobic w/louri (hybrid) 11:00am Library/Book Discussion 11:30am-1:00pm Congregate Lunch 12:30pm Jewelry Design 1:30pm-4:00pm Chinese Luna New Year Celebration w/Karaoke 3:15pm ESL Medium Level for Russian speaking</p>	<p>7 11:00am Movie/Discussion 11:30am-1:00pm Congregate Lunch 12:00pm Group Workshop w/Beka, LMSW (for Russian speaking) 1:00pm CHAIR YOGA w/Dinara (hybrid) 3:00pm Leisure Games (in-person)</p>
<p>10 9:00am-11:00am Chinese Karaoke 11:00am-12:30pm Fine Art w/Roza 11:30am-1:00pm Congregate Lunch 3:15pm Advanced Movement w/Anatoly 4:00pm Technology in Class for Russian speaking</p>	<p>11 10:00am Blood Pressure Screening 10:00am Garden Club (indoor & outdoor) 10:00am Stretch & Strength Exercise 11:30am-1:00pm Congregate Lunch 1:00pm-5:00pm Neighborhood Tech Help 1:00pm Leisure Bingo 2:30pm Health & Wellness Discussion Group</p>	<p>12 10:00am Blood Pressure Screening 10:00am-11:30am Ceramic Art w/Jennifer 11:30am-1:00pm Congregate Lunch 12:30pm Crochet Class 2:00pm Group Workshop w/Beka, LMSW (for English speaking) 3:15pm Rising Stars Fitness 4:00pm Computer Class for beginners for Russian speaking</p>	<p>13 10:30am Aerobic w/louri (hybrid) 11:00am Library/Book Discussion 11:30am-1:00pm Congregate Lunch 12:30pm Jewelry Design 2:00pm-4:00pm Karaoke 3:15pm ESL Medium Level for Russian speaking</p>	<p>14 11:00am Movie/Discussion 11:30am-1:00pm Congregate Lunch 12:00pm Group Workshop w/Beka, LMSW (for Russian speaking) 1:00pm CHAIR YOGA w/Dinara (hybrid) 3:00pm Leisure Games</p>
<p>17 JASA CLOSED FOR PRESIDENT'S DAY</p>	<p>18 10:00am Blood Pressure Screening 10:00am Garden Club (indoor & outdoor) 10:00am Stretch & Strength Exercise 11:30am-1:00pm Congregate Lunch 1:00pm-5:00pm Neighborhood Tech Help 1:00pm Leisure Bingo 2:30pm Health & Wellness Discussion Group</p>	<p>19 10:00am Blood Pressure Screening 10:00am-11:30am Ceramic Art w/Jennifer 11:30am-1:00pm Congregate Lunch 12:30pm Crochet Class 2:00pm Group Workshop w/Beka, LMSW (for English speaking) 3:15pm Rising Stars Fitness 4:00pm Computer Class for beginners for Russian speaking</p>	<p>20 10:30am Aerobic w/louri (hybrid) 11:00am Library/Book Discussion 11:30am-1:00pm Congregate Lunch 12:30pm Jewelry Design 2:00pm-4:00pm Karaoke 3:15pm ESL Medium Level for Russian speaking</p>	<p>21 11:00am Movie/Discussion 11:30am-1:00pm Congregate Lunch 12:00pm Group Workshop w/Beka, LMSW (for Russian speaking) 1:00pm CHAIR YOGA w/Dinara (hybrid) 3:00pm Leisure Games</p>

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<p>24 9:00am-11:00am Chinese Karaoke 11:00am-12:30pm Fine Art w/Roza 11:30am-1:00pm Congregate Lunch 3:15pm Advanced Movement w/Anatoly 4:00pm Technology in Class for Russian speaking</p>	<p>25 10:00am Blood Pressure Screening 10:00am Garden Club (indoor & outdoor) 10:00am Stretch & Strength Exercise 11:30am-1:00pm Congregate Lunch 1:00pm-5:00pm Neighborhood Tech Help 1:00pm Leisure Bingo 2:30pm Health & Wellness Discussion Group</p>	<p>26 10:00am Blood Pressure Screening 10:00am-11:30am Ceramic Art w/Jennifer 11:30am-1:00pm Congregate Lunch 12:30pm Crochet Class 2:00pm Group Workshop w/Beka, LMSW (for English speaking) 3:15pm Rising Stars Fitness 4:00pm Computer Class for beginners for Russian speaking</p>	<p>27 10:30am Aerobic w/louri (hybrid) 11:00am Library/Book Discussion 11:30am-1:00pm Congregate Lunch 12:30pm Jewelry Design 2:00pm-4:00pm Karaoke 3:15pm ESL Medium Level for Russian speaking</p>	<p>28 11:00am Movie/Discussion 11:30am-1:00pm Congregate Lunch 12:00pm Group Workshop w/Beka, LMSW (for Russian speaking) 1:00pm CHAIR YOGA w/Dinara (hybrid) 3:00pm Leisure Games</p>

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February 2025 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chinese Style Pepper Steak • Vegetable Lo Mein • Steamed Green Beans • Apple • Whole Wheat Bread • Low Fat Milk	4 California Turkey Meatloaf • Italian Blend Vegetables • Roasted Sweet Potato Slices • Orange • Whole Wheat Bread • Low Fat Milk	5 Dill Lemon Sauce Salmon Cakes • Cous Cous • Roasted Butternut Squash • Fruit • Whole Wheat Bread • Low Fat Milk	6 Traditional Whole Wheat Bean Burrito • Brown Rice • Tossed Salad with Dressing • Pear • Whole Wheat Bread • Low Fat Milk	7 Baked Asian Style Honey Chicken • White Rice • Oriental Blend Vegetables • Challah Bread • Applesauce • Low Fat Milk
10 Classic Chicken Cacciatore • Pasta • Steamed Green Beans • Apple • Whole Wheat Bread • Low Fat Milk	11 Crispy Oven Baked Falafel Patties • Hummus • Rice Pilaf • Za'atar Spiced Israeli Salad • Orange • Whole Wheat Pita • Low Fat Milk	12 Shepherd Pie with Turkey • Tossed Salad with Dressing • Fruit • Whole Wheat Bread • Low Fat Milk	13 Salmon Salad • Bowtie Pasta Salad • Red Cabbage Salad • Fruit • Plain Pita • Low Fat Milk	14 Roasted Chicken • Carrot Tzimmes • Potato Kugel • Challah Bread • Applesauce • Low Fat Milk
17 JASA CLOSED FOR PRESIDENT'S DAY	18 Dairy Free Eggplant Rollatini • Pasta • Italian Blend Vegetables • Fruit • Whole Wheat Pita • Low Fat Milk	19 Beef Pot Roast Sauteed Onions and Peppers • Broccoli Kugel • Roasted Sweet Potato Slices • Fruit • Whole Wheat Bread • Low Fat Milk	20 Teriyaki Baked Fish White Rice Steamed Green Beans Whole Wheat Bread Fruit 1% Low Fat Milk	21 Chicken Shawarma Jeera Rice Roasted Beets Challah Bread Fruit 1% Low Fat Milk
24 Turkey Meatballs • Pasta • Italian Blend Vegetables • Garlic Bread • Apple • Low Fat Milk	25 Hummus • Kasha Knish • Chickpeas • Israeli Salad • Orange • Whole Wheat Bread • Low Fat Milk	26 Beef Stuffed Cabbage Kasha Varnishkes Steamed Carrots Whole Wheat Bread Fruit 1% Low Fat Milk	27 Fish Francaise • Mashed Potatoes • Spinach Souffle • Pear • Whole Wheat Bread • Low Fat Milk	28 Hawaiian Chicken • Capri Blend Vegetables • Roasted Sweet Potato Slices • Challah Bread • Applesauce • Low Fat Milk

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(718) 373-3954 • Email www.jasa.org

Hours

Mondays - Fridays 9:00am - 5:00pm
Closed for Federal and Jewish Holidays
January 1st – New Year's Day
January 20th – MLK Day

Daily Lunch

Mondays - Fridays
11:30am - 1:00pm - Dining Room

Scheuer House of CI Older Adult Center Staff

Anatoli Kardiukov, Assistant Director, akardiukov@jasa.org

Anzhela Savka, Program Coordinator, asavka@jasa.org

Beka Kavtaradze, LMSW, TRIO Counselor, for appointment 844-999-8746, ext. 708

Laurana Alexandre, Food Tech

Jacob Kaplan, Food Tech

NEW FEBRUARY 2025 Activities/Programming

Chinese Luna New Year Celebration w/– Thursday, February 6, from 1:30pm-4:00pm

Valentine's Day Party-Wednesday, February 12, from 1:00pm-2:30pm

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SCHEUER HOUSE OF CI OAC & LUNA PARK ANNEX
Virtual Classes on Zoom

12:00 AM-1:00 PM (Weekly on Mondays, on-zoom)
CONCERTS IN MOTION: MEDITATIVE MONDAY

Dial-In Phone Number: 646-558-8656

Meeting ID: 869-9164-0881

Zoom Link: <https://us02web.zoom.us/j/86991640881>

12:00 PM-1:00 PM (Weekly on Tuesdays, on-zoom)

CONCERTS IN MOTION: SONGBOOK

Dial-In Phone Number: 646-558-8656

Meeting ID: 835-6035-3700

Zoom Link: <https://us02web.zoom.us/j/83560353700>

1:00 PM-2:00 PM (Weekly on Tuesdays, on-zoom)

CONCERTS IN MOTION: KLEZMER MUSIC

Dial-In Phone Number: 646-558-8656

Meeting ID: 891 476 60204

Zoom Link: <https://concertsinmotion-org.zoom.us/j/89147660204>

3:00 PM-4:00 PM (Weekly on Wednesdays, on-zoom)

CONCERTS IN MOTION: SLAVIC CONCERT

Dial-In Phone Number: 646-558-8656

Meeting ID: 869-9164-0881

Zoom Link: <https://us02web.zoom.us/j/86991640881>

10:30AM-11:30AM (weekly on Thursdays, hybrid)

AEROBIC w/louri

<https://us06web.zoom.us/j/88273025615?pwd=MFI3SFJOTHFxFjFjPjE5YnhiNm9vQT09>

Meeting ID: 882 7302 5615

Passcode: 211454

Partially funded by:



**12:00 PM-1:00 PM (Weekly on Thursday, on-zoom)
CONCERTS IN MOTION: COFFEEHOUSE CONCERT
Dial-In Phone Number: 1 646-558-8656
Meeting ID: 835-6035-3700**

Zoom Link: <https://us02web.zoom.us/j/83560353700>

**1:00PM-2:00PM (weekly on Fridays, hybrid)
CHAIR YOGA w/Dinara**

<https://us06web.zoom.us/j/82070217370?pwd=c1VNTnFuVUZvUGlNi9CT2d4VzhQdz09>

Meeting ID: 820 7021 7370

Passcode: 796835

**2:00 PM-3:00 PM (Weekly on Fridays, on-zoom)
CONCERTS IN MOTION: CELEBRATION FRIDAY
Dial-In Phone Number: 1 646-558-8656
Meeting ID: 426 474 125**

Zoom Link: <https://zoom.us/j/426474125>

Partially funded by: